



# Climatic Changes Have a Pronounced Impact on Productive and Reproductive Performance of Poultry

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## Abstract

In order to optimize the performance of poultry in hot climate, we must bear in mind all factors that can affect their genetic potential such as environmental factors, nutrient requirements and managerial and hygienic practices. The modern strains of broiler chickens and laying hens have higher rates of growth and egg production than the early developed ones. This necessitate a reevaluation of their nutrient requirements periodically both under thermoneutral and heat stress conditions. Both acute and chronic heat stress have a detrimental impact on growth performance, carcass characteristic, meat quality and mortality of broiler chickens. Also, heat stress has dramatic harmful effects on egg production, egg quality, mortality and reproduction in adult poultry. Therefore, nutritionists and physiologists, and also poultry producers, must be aware at managerial procedures and nutritional strategies that can be applied to alleviate the adverse effects of heat stress on growth and performance of different classes of poultry. Some of these nutritional strategies are summarized herein in this report.

**Keywords:** Climatic changes, heat stress, broiler and laying productivity.

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## 1. Introduction

Undoubtedly, aviculture, as a subsector of animal agriculture, plays an important role in providing animal protein (meat and eggs) for human beings all over the world. As per [1], poultry are highly-efficient in converting their feeds into meat and eggs within a short period of time. Global warming is a critical phenomenon of climatic changes which can adversely affect all facets of human life. There is a viewpoint that global warming will be in a continuous ascending during the coming years, and this imposes a challenge on poultry industry and other agricultural systems [2]. The ambient temperature and relative humidity are critical components of the climatic system. They have an obvious impact on growth performance and productivity of different classes of poultry [3]. Additionally, seasonal fluctuations have been reported to interfere with the broilers comfort and can suppress their productive performance criteria [4]. Furthermore, [5] have reported that climatic changes caused dramatic reductions in meat and egg production, egg weight and egg quality of poultry along with significant increases in mortality rates and feeding costs. Recently, [6] stated that poultry exposure to high ambient temperatures leads to creation of physiological, behavioral and immunological responses Alrasheedi et al., 2023

which have direct or indirect adverse effects on their productive performance. They also reviewed that the adverse effects of high ambient temperature on poultry include decreases in growth rate, egg production, egg size, egg, meat and semen quality, fertility and hatchability, which lead to high monetary losses to the poultry industry.

The present review article will focus on the impacts of climatic changes, particularly heat stress, on the productive and reproductive performance of poultry and suggested nutritional strategies that can be used to alleviate the deleterious effects of heat stress on them.

### 1.1. Effects of Climatic Changes on Poultry Production

#### 1.1.1. Direct effects

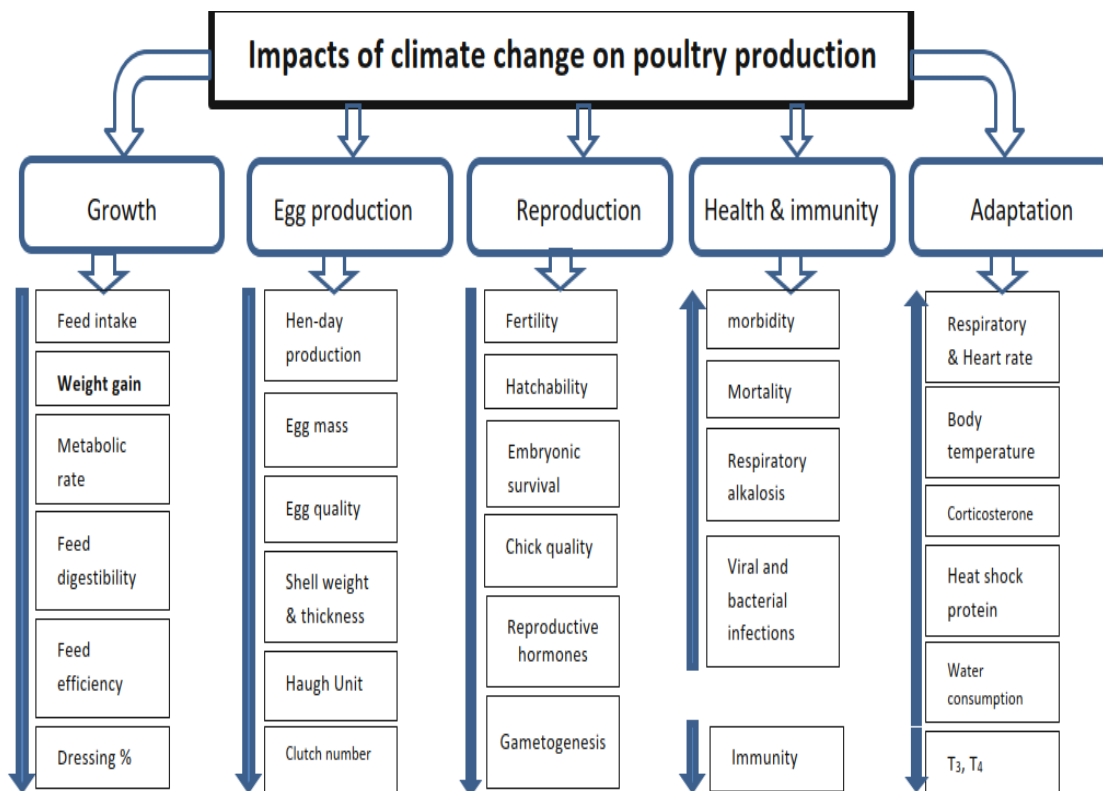
Climatic changes may occur in the form of extreme climatic situations in terms of elevated temperature, flood or drought, and water scarcity [7]. Common among these is increased global temperature. According to [8], extreme weather conditions can produce considerable losses in poultry production (reduced growth rate, lowered egg production, and increased morbidity and mortality). In this regard, [9] concluded that poultry farmers were aware of climate variations in household poultry production because

they observed their effects on egg and meat production, water and feed intakes, outbreak of pests and diseases as well as the profitability of production. The following diagram (Fig. 1) illustrates the direct effects of climatic changes on the productive and reproductive performance of poultry, their health status and immunity, and some adaptation responses.

**1.1.2. Indirect effects**

Climatic changes may have indirect effects on the availability of feed components, drinking water and outbreak of diseases. Climate obviously affects yield and quality of different cereal grains and oil-seeds crops. Such

cereal grains and oil-seeds and their byproducts are main components of poultry diets worldwide. Meanwhile, the availability of adequate amounts of good quality water is essential to sustainability of poultry production. Climatic changes, especially global warming, can reduce the amounts of water in the ponds, streams, rivers, and seas due to increased rate of evaporation [11]. Water shortage adversely affects body weight and lymphoid organs of broiler chickens [12]. The existing pattern of pests and disease invasion is expected to change due to different climatic changes. This will affect productivity of poultry as to morbidity, mortality, and the cost of vaccinations and medications.



**Figure 1:** Direct impact of climatic changes on poultry production [10]

**1.1.3. Effect of heat stress on poultry performance**

Productive and reproductive performance of poultry can be affected by various factors such as, feeding strategies, management procedures, disease outbreak, stocking density, housing system, environmental factors and hatching process circumstances. Again, climatic changes can produce a great challenge to poultry industry to sustain their levels of productivity. The severe adverse effects of such climatic changes occur in tropical countries where poultry are raised in traditional open-sided houses. It is well known that birds of different ages, genders, breeds, strains and physiological status respond differently to climatic variations or fluctuations. It is highly desirable that data on such effects in different flocks of poultry should be collected

and analyzed to develop strategies to deal with such adverse effects of the climatic changes.

Since poultry have no sweat glands they dissipate less heat from their skin but they can practice evaporative cooling via the panting process [13,14,15]. Heat stress is a critical facet of the climatic changes which negatively affects the growth performance of different classes of poultry [16,17,18,19]. For optimal performance, the ambient temperature has been reported to be in the range of 18 to 22°C for broiler chickens and 19 to 22°C for laying hens [20,21]. Exposure of poultry to high ambient temperature leads to generation of physiological, behavioral and immunological responses which directly or indirectly have adverse effects on their performance [22,19]. Such harmful

effects of heat stress on poultry include impaired feed intake, high mortality, poor growth rate and meat quality in broiler chickens, and depressed egg production rate, egg weight, egg quality, semen quality, fertility and hatchability in laying hens [23,24,25,26,27,19]. In this regard, [28] reviewed that heat stress produces several physiological responses such as oxidative stress, acid-base imbalance, and suppressed immuno-competence which lead to less feed intake, increased mortality and poor efficiency of feed utilization, body weight, egg production, and meat and egg quality.

Heat stress has also been reported to depress feed intake, growth performance of chickens and turkeys and lead to hypoxia, and high mortality [29,30]. Compared with other animals, poultry are more sensitive to heat stress, which impairs their immunity and makes them more vulnerable to infection by pathogens, leading to poor growth performance [31,32,33]. Hot climate can exert a severe impact on poultry performance thus resulting to huge economic losses as a result of depressed growth, egg production, egg quality and higher mortality [28,34]. Fortunately, various nutritional and managerial strategies have been adopted to alleviate the effects of heat stress on the performance of broiler chickens and laying hens by maintaining feed intake, electrolytic and water balance or by dietary supplementation with micronutrients such as vitamins (ascorbic acid, vitamin E, vitamin A) and minerals (e.g. zinc, chromium and selenium) [21,28]. On the other hand, because heat stress adversely affect feed intake of poultry, some investigators advocated feeding diets with high concentrations of nutrients in an attempt to compensate for the reduction feed consumption and associated depression in poultry performance. In this respect, [35] demonstrated that increasing dietary nutrient density up to 110% of the recommended requirements of Bovans White laying hens does not improve their productive performance under Egyptian summer conditions but positively affected percent albumen, shell thickness, yolk index and Haugh units of eggs.

#### **1.1.3.1. Effect of heat stress on meat yield and quality**

Several reports in the scientific literature have indicated negative effects of heat stress on meat yield and quality of chickens. According to [36], exposure of broiler chickens to acute heat stress (AHS) led to alterations in breast muscle glycolytic metabolism as indicated by lower muscle pH immediately postslaughter, increased water loss, and increased incidence of breast muscle hemorrhages. Similarly, marked reductions were reported in meat quality and a change in breast muscle color of chickens subjected to AHS [37,38,39,40,41,34].

On the other hand, [42] observed that chronic heat stress (CHS) increased breast meat lightness and drip loss of Arbor Acres broilers. They also reported that CHS negatively affects fat deposition and meat quality in broilers, in a breed-dependent manner. CHS (at 30°C for 10 days) may deteriorate the meat quality of broiler chickens but its effects on meat quality were most significant in the toughness of broiler breast meat, and dietary supplementation with vitamin E proved to be effective in preventing the deterioration in meat quality caused by CHS

[43]. The broiler chickens kept under chronic heat stress (CHS) displayed significantly lower body weight gain and increased levels of meat lipids and liver leakage marker aspartate aminotransferase than those of the thermo-neutral group; but feeding a high protein and energy-diet (22% CP and 13.81 MJ ME/kg) alleviated the adverse effects of CHS on broiler performance and meat lipids [44]. In addition, The exposure of broiler chickens to CHS (at 32°C for 14 days) led to an increase in the intramuscular fat (lipid contents), lightness and drip loss and a reduction in the pH and the shear force of the breast meat [45]. They also concluded that CHS impairs meat quality by causing mitochondria to malfunction and affecting energy-substance aerobic metabolism, resulting in increased glycolysis and intramuscular fat deposition. The observed reductions in body protein content and protein gain and retention in broiler chickens subjected to CHS have been attributed to changes in protein metabolic pathways (low rate of protein synthesis and high catabolic rate of protein in muscles) induced by rearing under high ambient temperatures [46,47,48,49].

Heat stress has also been reported to increase lactic acid accumulation in the broiler muscles which reduces their pH value via enhancing the glycolysis process in the meat; thus can deteriorate their meat quality by accelerating the production of reactive oxygen species, leading to increased rates of protein catabolism [49,50,51]. Again, the AHS and CHS could produce cause a sharp decline in the metabolism of birds, which in turn will stimulate serious complications regarding the growth and performance of the broilers, such as a change in color, the decline in muscle pH, water-holding capacity, and juiciness of chicken meat [52,53]. Recently, the detrimental effects of heat stress on broiler meat production and quality include a depression in growth and a deterioration in meat quality because it decreases water-holding capacity, pH and increases drip loss in meat; thereby, changing the normal color, taste and texture of chicken meat [54]. They also stated that heat stress causes poor meat quality by impairing protein synthesis and augmenting undesirable fat in meat. Also, the deterioration in meat quality traits of broiler chickens due to heat stress occurs mainly in accordance with the associated higher rate of lipid peroxidation and the altered electrolyte balance [55].

#### **1.1.3.2. Effect of heat stress on egg production and egg quality**

Because today's chickens have higher genetic potential for egg production and efficiency of feed utilization than do their old ones the former are more susceptible to heat stress than the latter [21]. It has been reported that the optimal ambient temperature for laying hens is between 19 and 22°C [20,21]. Several studies have indicated that exposure of laying hens to high ambient temperature depresses egg production rate [56,57], egg weight [58], egg shell thickness [59,56,57], which leads to an increased percentage of egg shell breakage and huge economic losses.

According to [24] egg production during moderate heat stress can be improved by increasing the intake of protein relative to energy but energy requirements will likely increase in severe heat stress. The egg yolk density of

hens subjected to high ambient temperature (HAT) was significantly smaller at 27 and 31 than at 23°C [60]. They suggested that HAT negatively influences both the lipoprotein and steroid hormones and consequently reduces egg production, but the reduction in feed intake is not the only reason for a decline in egg quality in laying hens. With laying hens, [61] observed that acute elevation of temperature-humidity index has more severe effects on mortality than gradual changes even at similar temperature and humidity conditions.

### **1.1.3.3. Effect of heat stress on immunity and reproduction in poultry**

Heat stress was reported to affect the intestinal colonization of pathogens in poultry, leading to enhancing the horizontal transmission of pathogens between birds [62]. Exposure of poultry to heat stress depresses their immune response resulting in an increased susceptibility to infectious diseases which greatly affects the productive performance and welfare of poultry [63]. Under heat stress conditions, lower concentrations of total circulating antibodies and immuno-globulins (IgM and IgG) were recorded in broiler chickens [64].

The CHS (continuous exposure to  $34.5 \pm 0.5^\circ\text{C}$  of 22-day broiler chickens for 14 days) severely damaged the morphology of the thymic cortex and bursal follicles, where the functional maturation of cells in the thymus (T) and bursa of Fabricius (B) occur [65]. Their results indicate that heat stress causes multiple immune abnormalities in broiler chickens by impairing the developmental process and functional maturation of T and B cells in both primary and secondary lymphoid tissues. In addition, heat stress has been reported to act as immunosuppressant on broiler chickens and laying hens as evidenced by reduced relative weights of thymus and spleen [64,32,66], and lower liver weights in laying hens [67]. The reductions in the weight of bursa of Fabricius and in the lymphocyte counts in the cortex and medulla of bursa in broiler chickens subjected to heat stress [68]. Furthermore, there is a general viewpoint among most nutritionists and physiologists that immunocompetence of poultry subjected to heat stress is affected as a result of decreased antibody production the immunized antigens [56,69,70,71]. In such heat stress conditions, birds tend to alter some physiological and behavioral responses in order to maintain their body thermoregulation; thus, decreasing body temperature [72,73,74].

Concerning the effects of heat stress on reproduction in poultry, [16] found that high ambient temperatures together with high humidity reduce the fertility and hatchability percentages in poultry breeders. Exposure of male broiler breeders to high ambient temperature ( $32^\circ\text{C}$ ) caused a great reduction (42%) in their fertility and the in vivo sperm-ovum penetration reduced to 52% compared with those roosters kept at  $21^\circ\text{C}$  [5]. Heat stress has been reported to evoke infertility in farm animals and also in domestic chickens [76]. Such detrimental effects of heat stress impair the secretion of the gonadotropin-releasing hormones (follicle stimulating hormone and luteinizing hormone; FSH and LH) in the laying hens, thereby disturbing their reproductive performance [77]. Working with in heat-stressed male ostriches, [78] found a

deterioration in their semen characteristics coincided with heat-associated infertility. Reduced spermatozoa motility due to depreciating qualitative and quantitative seminal characteristics, thereby resulting in infertility [79].

## **2. Nutritional strategies to overcome the negative effects of heat stress**

### **2.1. Dietary protein level**

The effects of stress on protein requirements are not fully understood. Early reports indicated that temperature changes neither increase nor decrease the protein requirement per unit gain. In later studies, the protein synthesis decreases but protein catabolism increases when poultry are kept under heat stress condition [21]. In this regard, the decrease in protein synthesis in birds reared under heat stress cannot be restored by increasing the dietary protein level [80]. Feeding low-protein but high energy diets was advocated as a means of protecting poultry against heat stress [81,82]. Working with laying hens, [83] adopted decreasing dietary crude protein (CP) levels from 16.5% to 12.0% and enriching the diets with the essential amino acids for improving the stress response and maintaining the production performance under heat stress conditions. However, [84] suggested reducing dietary CP for broilers when they are exposed to moderate but not chronic heat stress conditions.

### **2.2. Dietary fat supplementation**

Looking through the scientific literature on the nutrient requirements of poultry reared in hot climate may dictate that higher energy diets were effective in partially mitigating the negative effects of heat stress on poultry performance. During metabolism, fat produces lower heat increment as compared to protein and carbohydrates [85]. So, dietary supplementation of fat has become a common practice in the hot countries in order to increase the dietary energy level and minimize harmful effects of heat stress. Supplementation of fat in the poultry diet not only helps to increase the nutrient utilization in the digestive tract by lowering the rate of food passage [86] but also helps to improve the energy value of the other feed ingredients [86,87]. Interestingly, adding fat at the level of 5% to the diet of heat-stressed laying hens has been reported to increase feed consumption by 17% [88]. Similarly, a significant improvement in the broiler performance when fed on a diet containing 5% fat under hot summer conditions [89]. [87] also reported that increasing the oil supplementation in the higher protein concentration diet relieved the negative effects of chronic heat stress on broiler performance, meat lipids, and physiological and immunological traits. Along with these benefits, the addition of fat to diets of broilers and broiler breeders reduces the specific dynamic effect of the diet, helping the birds to deal with heat stress [90].

### **2.3. Dietary supplementation with electrolytes**

Dietary electrolyte balance (acid base balance: ABB), which is expressed by the formula by the formula of  $\text{Na} + \text{K} - \text{Cl}$  as mEq/kg of diet, is not only affected by the amount and proportion of electrolytes in the diet, but also by endogenous carbonic acid production and rate of renal clearance [88]. Panting (evaporative cooling) is a behavioral

phenomenon that heat-stressed birds have to perform to maintain body homeostasis and regulate their normal body temperature. This panting alters the blood ABB and ultimately leads to respiratory alkalosis. Such respiratory alkalosis suppresses the growth of broiler chickens and impairs eggshell quality of laying hens [21]. This acid-base imbalance can be restored by dietary supplementation of electrolytes such as  $\text{NH}_4\text{Cl}$ ,  $\text{NaHCO}_3$ , and  $\text{KCl}$  [21,88,28]. During respiratory alkalosis, birds excrete a higher amount of bicarbonate ions from the kidney to recover normal blood pH [28]. These bicarbonates ions are further coupled with  $\text{Na}^+$  and  $\text{K}^+$  ions before being excreted through the kidney; ultimately, the loss of ions results in an acid-base imbalance [91]. A dietary ABB of 200–300 mEq/kg was suggested to be effective in alleviating the harmful effects of heat stress in poultry [92]. Dietary supplementation of  $\text{NaHCO}_3$  for heat-stressed laying hens could improve eggshell quality [93]. The feeding  $\text{KCl}$ -supplemented diets during the heat stress period produced significantly higher egg production rate, lower mortality and superior quality eggs than their control counterparts [94]. In another study, the dietary supplementation with  $\text{KCl}$  (1.6%), vitamin E (300 mg/kg), either separately or in combination, can be used as an effective tool for alleviating the adverse effects of heat stress on the physiological status of laying hens [95]. Several studies have shown sodium bicarbonate ( $\text{NaHCO}_3$ ) as the salt of choice during heat stress as it contains  $\text{Na}^+$  and  $\text{HCO}_3^-$  [92]. In addition, supplementation of electrolytes (e.g.  $\text{NH}_4\text{Cl}$ ,  $\text{KCl}$ , and  $\text{NaHCO}_3$ ) in drinking water proved to be effective in improving the performance of the heat-stressed broiler chickens [21].

#### 2.4. Dietary supplementation with vitamins

The decreased feed intake of heat-stressed birds is associated with a reduction in nutrient intake and has a reflection on the intake of vitamins and other micronutrients which plays an important role on performance and immune function of poultry [21,28]. Dietary supplementation of vitamin E for laying hens exposed to heat stress has been found to improve egg production egg quality characteristics [96,97]. The beneficial effect of supplemental vitamin E on egg production of hens at high ambient temperatures is associated with an increase in feed intake and yolk and albumen solids [98], and increased plasma levels of vitellogenin and very-low-density lipoprotein due to the enhanced release of vitellogenin from the liver [96]. Additionally, the vitamin E helps to improve the egg production by preventing liver damage in the heat-stressed hens [99]. Similarly, heat-stressed broiler chickens enriched with vitamin E displayed lower levels of liver and serum malondialdehyde, and higher levels of serum and liver vitamin E and A [100]. The combined dietary inclusion of vitamin E, vitamin C and probiotics was found to be more effective to attenuate negative effects of heat stress in broilers kept at under CHS [101].

Ascorbic acid (vitamin C) is a water-soluble vitamin that poultry can synthesize it under normal environmental temperatures, but its rate of biosynthesis is depressed at heat stress condition [102]. It is well known that ascorbic acid C improve immunity by enhancing the differentiation and proliferation of T and B cells [03]. Thus, dietary supplementation of vitamin C is an effective strategy to

reduce the harmful effects of heat stress in poultry. Added dietary ascorbic acid (250 mg/kg) improved growth rate, nutrient utilization, egg production, and quality, immune response, and antioxidant status in heat-stressed birds [102]. Working with heat-stressed Japanese quail, [104] feeding diets fortified with ascorbic acid decreased the serum concentrations of malondialdehyde, homocysteine, and adrenal corticotrophin hormone. In broilers, dietary supplementation of 200 mg ascorbic acid per kg of feed improved body weight gain and feed conversion ratio [105]. In addition, feeding diets enriched with vitamin C under high temperature is suggested as an effective feeding strategy to reduce the mortality rates in both broiler chickens and laying hens [105,106].

Vitamin A is associated with antibody production and T cell proliferation [107]. Dietary supplementation with vitamin A was found to have a beneficial effect on the egg production and egg quality in laying hens reared under heat stress condition [108,109]. The feeding diets enriched with high concentrations of vitamin A caused a positive effect on egg weight and laying rate of heat-stressed laying hens [109]. They also reported that hens exposed to heat stress immediately after vaccination against Newcastle disease virus require a higher amount of vitamin A for producing adequate amounts of antibodies. In heat-stressed broilers, added dietary vitamin A was found to improve the body weight gain and efficiency of feed utilization, and decrease the serum concentration of malondialdehyde [110].

#### 2.5. Dietary supplementation with minerals

At high ambient temperatures, poultry exhibit higher excretion rates of minerals from the body and lower mineral concentrations in liver and serum [111]. So, dietary supplementation of minerals is of great importance to improve growth and minimize mortality in poultry reared under heat stress conditions. The importance of enriching diets of poultry reared under heat stress with minerals such as zinc, chromium and selenium, as a beneficial nutritional strategy [28,34]. Dietary supplementation of zinc improved live weight gain, feed efficiency, and carcass traits of heat-stressed broiler chickens [110]. They also observed a beneficial effect for the concurrent supplementation of zinc and vitamin A in preventing the heat-stress-related depression in performance of broilers.

With broiler chicks exposed to heat stress, [112] reported that feeding diets enriched with incremental levels of chromium, as chromium picolinate, (200, 400, 800 or 1200  $\mu\text{g Cr/kg}$ ) produced an increase in body weight, feed intake, and carcass characteristics and improved feed efficiency. They also observed a significant reduction in serum corticosterone concentration and significant increases in serum levels of insulin, triiodothyronine (T3) and thyroxine (T4) with increasing dietary Cr level. The dietary chromium methionine supplementation could alleviate heat-stress-induced growth retardation in broiler chicks [113]. They also observed that supplemental chromium methionine could modulate the suppressive effects of heat stress on cellular and humeral immune responses of broilers. Added dietary chromium picolinate and chromium nanoparticles proved to be effective in improving performance and antibody titers against avian influenza and infectious

bronchitis under heat stress conditions in broiler chickens [114]. The effect of supplemental dietary chromium picolinate (1200 µg/kg) on heat-stressed broiler chickens and found that supplemental Cr was effective to overcome the deleterious effects of heat stress on broiler performance [115]. In laying hens exposed to heat stress, dietary Cr supplementation (as chromium picolinate) improved immune response, egg quality, Haugh unit [116], and reduced serum glucose, cholesterol, and triglyceride concentration [117]

During heat stress, added dietary Se has been reported to improve the body weight gain and feed conversion ratio of broilers during heat stress [118]. In laying quails, there was a linear increase in feed intake, body weight, and egg production; and improvement in feed efficiency upon selenium supplementation (as sodium selenite or seleno-methionine) under heat stress [119] They reported that Haugh units and eggshell weights were also increased upon supplementation of both organic and inorganic selenium.

## 2. Conclusion

Climate change has a close direct and indirect effect on livestock and poultry production. Change in temperature affects all aspects of poultry production. Heat stress adversely affect commercial poultry production by reducing feed intake, body weight gain, reduced egg production and increased mortality rate. However, to reduce the effect of climatic change on poultry performance, improved animal breeding and genetic techniques should be looked into to produce birds that are genetically adaptable to the heat stress in the tropics and can still perform optimally, together with application of the managerial procedures and nutritional strategies that can be applied to alleviate the adverse effects of heat stress on growth and performance of different classes of poultry.

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straightforwardness and following to moral investigate standards.

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